



## **RULE 5: YOUTH, ADULT, Senior I, II, III & IV DRESS CODE**

**IMPORTANT NOTE:** Rule 1 (General Rules) & Rule 2 (Definition of Terms) apply. Please print off as well when printing out this Age category's dress code.

### **5.01 NEWCOMERS PRE-BRONZE, & BRONZE - Standard and Latin**

#### **Female Athlete:**

##### **Standard and Latin**

- Competition style costumes are **not permitted**
- Dress, or skirt and blouse. General shape and modesty areas as per chart.
- Lady's dress **must not** be decorated with sequins, diamante, rhinestones, feathers, fringe, floats or similar decorations
- Materials **must not** have metallic thread or light effects.
- Dress or skirt **must be** between mid thigh & mid calf in length
- Bare midriffs, openings in the skirt in the front, side or back, pants, jeans, or jumpsuits are **not permitted**
- Floats are **not permitted**
- The breast area must be covered and have no see-through fabric on this area. (See IA (Intimacy area) in Champ diagram)
- High cut panties, tangas/thongs, skin coloured panties, or see through panties are **not permitted**. (See IA in Champ diagram)

#### **Male Athlete:**

##### **Standard:**

- Competition style outfits are **not permitted** at these levels
- Jacket **or** a plain black or navy vest **or** cardigan (**No** studio or club logos allowed.)
- Long sleeved white or black shirt
- black tie or bow tie
- suitable trousers - **No** jeans or leather pants
- Black pants are permitted to have a satin stripe down the side and/or waist.

##### **Latin:**

- Competition style outfits are **not permitted**
- Long sleeved white or black shirt **and** a plain black or navy vest **or** cardigan (studio or club logos **not permitted**.)
- **or** a long sleeved plain black turtle neck
- Suitable trousers- **No** jeans or leather pants
- Black tie is **optional**
- Sequins, diamante, rhinestones, or similar decorations on the dance wear are **not permitted**

#### **Hairstyles & Jewellery**

- Decoration in the hair involving light effects are **not permitted**
- Decoration jewellery involving light effects is **not permitted**
- Males with long hair **must** wear their hair in a ponytail.

### **5.02 SILVER, GOLD, PRE-CHAMPIONSHIP, & CHAMPIONSHIP -Standard**

See Dress Code Charts Below

**Some Regions may elect to have costumes optional in Silver, and/or Gold Level**

**DSBC**-optional in Silver & Gold Silver but both members of the partnership must either be in costume or both in the dress code described under this Rule 5.02 (Not a mixture of the two dress codes)

**DSAB & DAA** -optional in Silver but both members of the partnership must either be in costume or both in the dress code described under this Rule 5.02 (Not a mixture of the two dress codes)

**ODS & DSQ**- costumes mandatory in Silver & higher

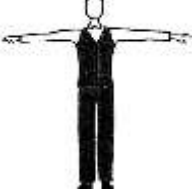
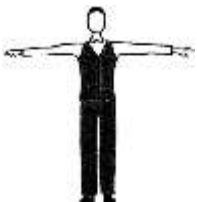
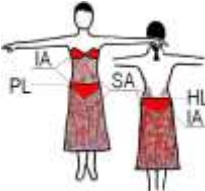
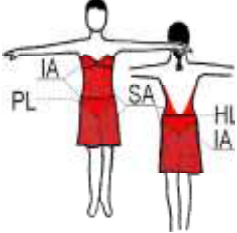
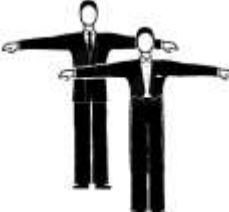
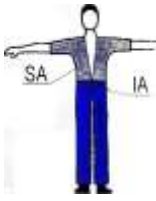
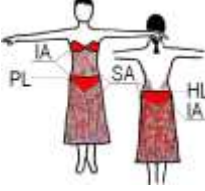
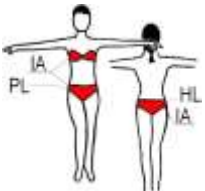


**All Levels**

**Hairstyles**

**Male Athlete:** If the hair is long it **must** be worn in a ponytail.

**YOUTH, ADULT, SENIOR I, Senior II, Senior III & Senior IV CHART**

1. DANCE DRESS – Only Allowed				
Athlete Discription	Male		Female	
	Standard	Latin	Standard	Latin
<b>RULE 5.01</b> Youth/ Adult, Senior 1, 2,3,4,5 Beginner to Bronze	<b>W or B LS shirt</b> <b>Bo vest</b> <b>Bo trousers</b> <b>Bo tie/bow tie</b> 	<b>W or B LS shirt</b> <b>Bo vest or black turtleneck</b> <b>Bo trousers</b> <b>Bo tie/bow tie (optional)</b> 	No competition dress, Any decorations – <b>NA</b> Two piece dresses <b>NA</b> 	No competition dress, Any decorations <b>NA</b> Two piece dresses <b>NA</b> 
<b>RULE 5.02</b> Youth, Adult, Senior 1,2,3,4,5 Silver to Champ	 <b>B Jacket suit</b> <b>B trousers</b> <b>B jacket</b> <u>Either</u> <b>W shirt</b> <b>B tie</b> <u>Or</u> <b>W tail shirt</b> <b>W bow tie</b>	<b>C Shirt/Top</b> <b>CnS trousers</b> 	<b>C Competition dress</b> Two piece dresses <b>NA</b> Two piece dresses <b>NA</b> 	<b>C Competition dress</b> Top and trunk <b>must not</b> be only bikini 
<b>2. DECORATIONS, LIGHT EFFECTS</b>				
Youth to Senior 5	<b>NR</b>			



**3. SHOES, SOCKS, TIGHTS**

Athlete Description	Male	Female
Youth to Senior 5	Shoes: NR Socks: Bo must be worn	NR

**4. HAIRSTYLES**

Athlete Description	Male		Female	
	ST	LA	ST	LA
Youth to Senior 5	If the hair is long it <b>must</b> be worn in a ponytail		NR	

**5. MAKE-UP**

Athlete Description	Male		Female	
	ST	LA	ST	LA
Youth to Senior 5	NR			

**6. DECORATION JEWELLERY (not personal jewellery)**

Athlete Description	Male		Female	
	ST	LA	ST	LA
Youth to Senior 5	NR			